



# HIMALAYA RESTAURANT

Fine Indian & Nepali cuisine

# Welcome to Himalaya Restaurant

Here we offer you an exotic meals that you can enjoy in a hospitable and warm atmosphere.

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Through our paintings we want to show you Nepal in all its seasons, colours and scents and our kitchen offers you a wide choice between different flavours from sweet, sour to spicy and a new world of exotic spices.



menu

Opening Time: 12:00 to 14:30 - 17:30 to 22:00

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www.himalayarestaurant.be



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#### CHAMPAGNE

CHANOINE BRUT-2nd oldest champagne of the region -

Grapes Variety: 70% Pinot Noir, 15% Pinot Meunier, 15% Chardonnay

Aroma: Fruity

Gastronomy: Aperitif or fish dishes

### SOUP

#### 1. LENTIL SOUP

Exotic lentil soup with fresh coriander & cream

2. HOT & SOUR SOUP

Traditional Indian Chicken soup with spicy & sour flavour

### **VEG STARTERS**

3. MIX STARTER

Combination of Vegetarian starters (Aloo tikki, Samosa & pakoda)

4. SAMOSA CHAT

Samosa topped with sweet yoghurt & chutney

5. VEG CHEESE MOMO 6 Pics / 8 Pics

Traditional Nepalese dumplings filled with cheese & vegetable

6. MUSTANG ALOO

Spicy & flavourful potatoes with Nepalese herbs & spices

## NON-VEG STARTERS

#### 7. MIX STARTER

Combination of Chicken tikka, samosa & seekh kebab

8. MO:MO 6 Pics / 8 Pics -

Traditional Nepalese dumplings filled with minced meat & spices

9. CHICKEN CHOILA

Flavourful blend of garlic, Nepalese spices, and smoky chicken

10. GARLIC KING PRAWN-

Marinated king prawn with garlic & spices cooked in the traditional oven

11. GURKHA LAMB CHOPS

Marinated Grass-fedlamb chop with fresh mint & Nepalese herbs grilled in Tandoori oven

12. CHEF MINI GRILL

Mini mixed grill (Lamb, chicken & King prawn)

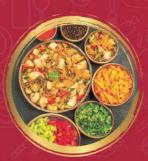
### VEGETABLE COURSES (VEGAN OPTION AVAILABLE)

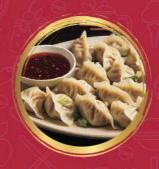
13. PANEER MUSHROOM

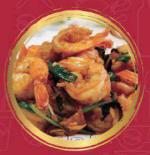
Paneer & Oyster mushroom cooked with tamato, onions, mix bell peppers & herbs

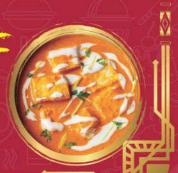












#### 14. ALOO MATAR-

Green peas and potatoes cooked in curry sauce with fresh herbs

#### 15. PANEER TIKKA MASALA-

Indian cottage cheese prepared with cashew nuts, almonds & traditional creamy sauce

#### 16. PALAK PANEER –

Homemade cottage cheese cooked with creamy gravy of spinach & indian spices

#### 17. AVIAL

Butter Naan

 $\Diamond$ 

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South Indian vegetable curry with coconut, mustard seeds & cream

#### 18. MUSHROOM OKRA BHAJI

Stir fried okra & Oyster mushrooms cooked with tomato, onions, herbs & spices

#### 19. MIX VEG VINDALOO

Traditional spicy dish on based of onion gravy, tomato & warm spices

Garlic Naan

Cheese Naan



Peshwari Naan

#### 20. TIKKA MASALA (CHICKEN / LAMB / KING PRAWN)-

Masal sauce is prepared with cashew nuts, almonds & traditional creamy sauce. Meats & Shrimps are grilled in a tandori oven

#### 21. VINDALOO (CHICKEN / LAMB / KING PRAWN)

Extremely hot flavour of vindaloo sauce cooked with potatoes, tomato gravy, garnished with fresh herbs & green chilly

#### 22. MADRAS (CHICKEN/LAMB)

Rich flavour of hot madras sauce cooked in tomato gravy with fresh herbs, mustard seeds & curry leaves

#### 23. HIMALAYAN CHICKEN CURRY-

Classical Chicken curry dish prepared with Himalayan herbs and spices

#### 24. PALAK (CHICKEN / LAMB)-

Prepared with spinach in a thick creamy curry sauce

#### 25. BUTTER CHICKEN

Butter Naan

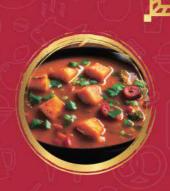
Chicken with creamy teture of butter, almond, tamato sauce & spices

Garlic Naan

Peshwari Naan

Basmati Rice

Pilau Rice





Pilau Rice

Basmati Rice





Cheese Naan

## HIMALAYAN SPECIAL GRILL

(ALL THE COURSES ARE GRILLED IN THE TRADITIONAL TANDOORI OVEN)

#### 26. HIMALAYAN MIX SIZZLER-

Mixed grill of lamb chop, king prawn, lamb tikka, chicken tikka & chicken tandoori, served with grill chutney, mix vegetables, dal, rice & naan bread



Marinated Chicken legs with Indian herbs & spices, barbecued in over flaming tandoor, served with Grill chutney, Mix vegetables, Dal, Rice & Nan bread



Marinated Tiger prawn baked in Tandoori oven, served with Grill chutney, Mix vegetables, Dal, Rice & Nan bread



Sea bass marinated with Nepalese spices & herbs, baked in Tandoori oven & served with Grill chutney, Mix vegetables, Dal, Rice & Nan bread



#### 30. DUCK HONEY KORMA

Duck meat cooked in onion sauce, coconut powder, cream with mild Indian spices and garnished with honey

#### 31. CHICKEN MANGO

Chicken cooked with creamy texture of mango & curry sauce

#### 32. CHICKEN SAFFRON KORMA-

Chicken cooked in creamy sauce, Saffron & coconut powder with mild Indian spices

#### 33. HIMALAYAN KEEMA CURRY-

Mix of rich creamy sauce & minced meat topped with tandoori chicken

#### 34. CHICKEN POMEGRANATE

Chicken cooked with fresh pomegranate, Bell peppers & Nepalese spices

#### 35. SHIMLA CHICKEN MUSHROOM

Chicken cooked in a spicy sauce with mushrooms, onion and bell pepper

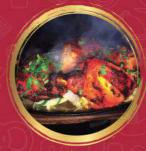
#### 36. GOAN FISH CURRY

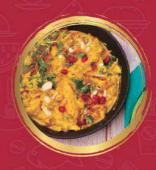
Exotic blend of coconut milk & himalayan spices, curry leaves & hints of mustard seeds

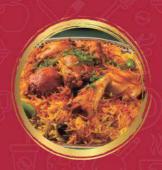
#### 37. BIRYANI (VEG / CHICKEN / LAMB)

Cooked with aromatic basmati rice, green peas, saffron, dry fruits and indian spices









Butter Naan

Garlic Naan

Cheese Naan

Peshwari Naan

Basmati Rice

Pilau Rice

## THALI (DAL BHAT)

(BASMATI RICE & LENTIL SERVED WITH ROTI) (NATIONAL DISH FROM NEPAL)

#### 38. VEGETABLE THALL

Dal, mix vegetables, saag paneer, aloo mater, basmati rice, pickle, roti, papad & salad

#### 39. THALI HIMALAYA-

Dal, mix vegetables, chicken curry, prawn masala, basmati rice, pickle, roti, papad & salad

#### 40. THALI KATHMANDU

Dal, mix vegetables, chicken tandoori, lamb rogan, basmati rice, pickle, roti, papad & salad

**Butter Naan** 

Garlie Naan

Cheese Naan

Peshwari Naan

Basmati Rice

Pilau Rice



#### 41. KIDS CHICKEN TANDOORI-

Chicken legs with rice, Korma sauce & Salad

#### 42. KIDS CHICKEN MANGO

Chicken cooked in a mango sauce served with rice & salad



43. BASMATI RICE -

Plain boiled long grain rice

44. PILAU RICE

Rice with saffron, dry fruits & nuts

#### 45. BOMBAY ALOO -

Potato with cumin & Indian spices

46. ALOO SAAG ——

Potalo cooked with Spinach & fresh herbs

47. TADKA DAL

Black Lentil cooked with garlic & spices

#### 48. VEGETABLE ZALFRAZY 🥖

Stir fried mix vegetables with capsicum & spices

49. RAITA –

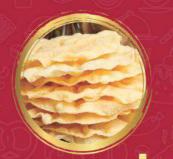
A fresh yogurt with herb mixture and spices

50. PAPADOMS -

Crispy lentil wafer with varieties of pickle









## NAAN BREAD

ALL THE NAAN BREADS ARE BAKED IN THE TRADITIONAL TANDOORI OVEN

51. BUTTER NAAN

White flour bread with butter

52. GARLIC NAAN

Topped with garlic & coriander

53. CHEESE NAAN

Stuffed with cheese

54. PESHWARI NAAN -

Stuffed with dry fruits, coconut & cream

56. ROTI -

Brown flour Indian bread





Nepalese rice pudding with saffron, nuts & raisins

58. GULAB JAMUN (WARM) -

Milk balls in rose syrup

59. MANGO CREAM

Vanilla ice cream with mango cream

60. CHEESE CAKE -

61. VEGAN CARAMEL APPLE PIE-

62. SIZZLING BROWNIE -

Brownies topped with ice cream and drizzled with chocolate sauce served on a hot metal plate

## **ALLERGENS MENU**

DO YOU HAVE AN ALLERGY? LET US KNOW.

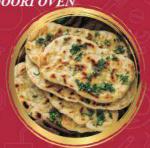
OUR RESTAURANT HAS AN ALLERGENS MENU OF 14 ALLERGENS.

OUR STAFF IS AWARE OF THE ALLERGENS AND CAN GIVE YOU THE ALLERGENS MENU AND PROVIDE ADDITIONAL INFORMATION.

THIS WAY, YOU CAN EAT AND DRINK WITH US WITH PEACE OF MIND IF YOU HAVE AN ALLERGY OR INTOLERANCE.

WE CAN TAKE ALL ALLERGIES OR INTOLERANCES INTO ACCOUNT, PROVIDED THIS IS INDICATED IN ADVANCE.

FOR EXAMPLE, THE RECIPE OF CERTAIN DISHES CAN BE ADJUSTED SO THAT YOU CAN STILL ENJOY OUR DELICIOUS DISHES.











DAL:

LENTIL SAUCE

CHANA:

CHICKPEAS

#### **MASALA SAUCE:**

SAUCE OF ONION, CREAM, TOMATOES AND TWELVE DIFFERENTINDIAN SPICES WITH A MILD/SPICY TASTE.

#### NAAN:

BREAD MADE FROM fIOUR, EGGS, MILK AND YEAST BAKED IN A TANDOORI OVEN.

#### CHAPATI:

BREAD MADE FROM WHEAT FOUR, BAKED IN A PAN.

#### **PULAU RICE:**

RICE WITH PEAS, SAFFRON AND DRY FRUITS.

#### KORMA SAUCE:

SAUCE MADE FROM ONION, CREAM, COCONUT POWDER, POWDER OF DRY FRUITS WITH A MILD/SWEET TASTE.

#### PANEER:

INDIAN CHEESE.

VINDALOO:

VERY SPECIAL SPICY SAUCE.

#### **CHAT MASALA:**

SWEET, SALTY AND SOUR SAUCE.

ROTI:

CHAPATI

ALOO:

POTATO

RAITA:

SPICED YOGHURT



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A TANDOOR IS A SPECIALLY DESIGNED, GREEK VASE-SHAPED CLAY OVEN ABOUT A METER HIGH.

THE BOTTOM IS FILLED WITH STONES WHICH ARE HEATED BY A GAS FIRE. THE STONES AS WELL AS THE TANDOOR OVEN ITSELF CAN REACH A HIGH TEMPERATURE OF 300°C. BREADS SUCH AS NAAN & CHAPATI ARE BAKED ON THE WALLS OF THE OVEN, WHILE DIFFERENT SORTS OF MEAT ARE PLACED ON LONG SKEWERS AND ARE PLACED RIGHT ON THE MIDDLE OF THE OVEN.

ORIGINALLY COMING FROM INDIA, WHERE IN THE PAST, IT COULD ONLY BE FOUND IN THE KITCHEN OF THE MAHARAJAS (KING OF ALL KINGS). LATER ON, THE WHOLE ARISTOCRACY HAS LEARNED AND STARTED USING THE TANDOOR OVEN IN THEIR OWN KITCHEN.

Thank You!